

Measure	Year(s)	Rate Type	Number	Rate
Socio-Demographic Characteristics				
Total Population ¹	2013		19,318,859	
Population under 18 years old ¹	2013	Percent of Total Population	4,064,864	21.0%
Population 18-64 years old ¹	2013	Percent of Total Population	11,741,101	60.8%
Population 65 years and older ¹	2013	Percent of Total Population	3,512,894	18.2%
Population- White ¹	2013	Percent of Total Population	15,122,965	78.3%
Population- Black ¹	2013	Percent of Total Population	3,212,321	16.6%
Population- Other ¹	2013	Percent of Total Population	983,573	5.1%
Population- Hispanic ¹	2013	Percent of Total Population	4,546,444	23.5%
Population- Non-Hispanic ¹	2013	Percent of Total Population	14,772,415	76.5%
Population below 100% poverty ²	2012 5-yr est	Percent of Total Population	2,887,151	15.6%
Households where no one over age 14 speaks English "very well" ²	2012 5-yr est	Percent of Total Population		7.0%
Adults 18-64 with any health care coverage ³	2013	Percent of Population 18-64		70.9%
Adults reporting a personal doctor or health care provider ³	2013	Percent of Total Adult Population		73.2%
Weight, Activity, and Eating Habits among Adults				
Adults who are at a healthy weight ³	2013	Percent of Total Adult Population		35.0%
Adults who are underweight ³	2013	Percent of Total Adult Population		2.3%
Adults who are overweight or obese ³	2013	Percent of Total Adult Population		62.8%
Adults who are overweight ³	2013	Percent of Total Adult Population		36.4%
Adults who are obese ³	2013	Percent of Total Adult Population		26.4%
Adults who participated in 150 minutes or more (or vigorous equivalent minutes) of aerobic physical activity per week ³	2013	Percent of Total Adult Population		50.2%
Adults who participated in muscle strengthening exercises two or more times week ³	2013	Percent of Total Adult Population		29.6%
Adults who participated in enough aerobic and muscle strengthening exercises to meet guidelines ³	2013	Percent of Total Adult Population		19.9%
Adults who are sedentary ³	2013	Percent of Total Adult Population		27.7%
Adults who consume at least 5 servings of fruits and vegetables a day ³	2013	Percent of Total Adult Population		18.3%
Weight, Activity, and Eating Habits among Children and Teens				
Middle and high school students who are at a healthy weight ⁴	2014	Percent of Florida Public Middle and High School Students		67.6%
Middle and high school students who are underweight ⁴	2014	Percent of Florida Public Middle and High School Students		4.2%
Middle and high school students who are overweight or obese ⁴	2014	Percent of Florida Public Middle and High School Students		28.2%
Middle and high school students who are overweight ⁴	2014	Percent of Florida Public Middle and High School Students		15.8%
Middle and high school students who are obese ⁴	2014	Percent of Florida Public Middle and High School Students		12.4%

Measure	Year(s)	Rate Type	Number	Rate
Weight, Activity, and Eating Habits among Children and Teens				
High school students who attend PE classes on one or more days in an average week when they were in school ⁵	2013	Percent of Florida Public High School Students		42.8%
Middle school students who attend PE classes on one or more days in an average week when they were in school ⁶	2013	Percent of Florida Public Middle School Students		66.9%
Middle and high school students participating in 60 minutes of daily physical activity ⁴	2014	Percent of Florida Public Middle and High School Students		22.9%
High school students who ate vegetables 3 or more times per day ⁵	2013	Percent of Florida Public High School Students		15.1%
Middle school students who ate vegetables 3 or more times per day ⁶	2013	Percent of Florida Public Middle School Students		15.7%
High school students who ate fruit or drank 100% fruit juices two or more times per day ⁵	2013	Percent of Florida Public High School Students		34.1%
Middle school students who ate fruit or drank 100% fruit juices two or more times per day ⁶	2013	Percent of Florida Public Middle School Students		37.4%
High school students who drank a can, bottle or glass of soda or pop at least one time per day ⁵	2013	Percent of Florida Public High School Students		22.1%
Middle school students who drank a can, bottle or glass of soda or pop at least one time per day ⁶	2013	Percent of Florida Public Middle School Students		23.3%
Maternal Weight and Breastfeeding among Mothers				
Live births to mothers who are at a healthy weight (BMI 18.5-24.9) at time pregnancy occurred ⁷	2013	Percent of Live Births to All Mothers	95,594	44.4%
Live births to mothers who are overweight (BMI 25.0-29.9) at time pregnancy occurred ⁷	2013	Percent of Live Births to All Mothers	51,950	24.1%
Live births to mothers who are obese (BMI \geq 30) at time pregnancy occurred ⁷	2013	Percent of Live Births to All Mothers	45,252	21.0%
Live births to mothers who initiate breast feeding ⁷	2013	Percent of Live Births to All Mothers	177,535	82.5%
Mothers who breastfed or pumped milk for her new baby for four or more weeks ⁸	2011	Percent of New Mothers		67.6%
Mothers who breastfed or pumped milk for her new baby for at least three months ⁸	2011	Percent of New Mothers		46.7%
Built Environment				
Population that live within a 1/2 mile of healthy food source ⁹	2013	Percent of Total Population		31.8%
Population that live within a 1/2 mile of a fast food restaurant ⁹	2013	Percent of Total Population		33.5%
Population that live within a ten minute walk (1/2 mile) of an off-street trail system ⁹	2013	Percent of Total Population		10.6%
Workers who drive alone to work ⁹	2012 5-yr est	Percent of Total Population		79.5%
Workers who ride a bicycle to work ⁹	2012 5-yr est	Percent of Total Population		0.6%
Workers who walk to work ⁹	2012 5-yr est	Percent of Total Population		1.6%

Note:

Where rates are based on a sample, no number (count) is available.

Data Sources

¹ Florida Legislature's Office of Economic and Demographic Research (EDR)

² U.S. Census Bureau, 2012 5-year estimate

³ Behavioral Risk Factor Surveillance System (BRFSS)

⁴ Florida Youth Tobacco Survey (FYTS)

⁵ Youth Risk Behavior Survey (YRBS)

⁶ Middle School Health Behavior Survey (MSHBS)

⁷ Florida State Office of Vital Statistics

⁸ Pregnancy Risk Assessment Monitoring System (PRAMS)

⁹ Florida Environmental Public Health Tracking